

Changing room policy

Arun Tridents will follow the Swim England changing room policy in the Wavepower document.

This policy has been written using the guidance from the Swim England changing room policy guidelines detailed in Wavepower 2024

Responsibility during club sessions

The view of Swim England and Arun Tridents is that while a child is training, they remain under the responsibility and duty of care of the person who is coaching them at that time. If a swimmer goes out of the pool area, the coach should be made aware of this. If the child fails to return within a reasonable time, or appears to be upset upon leaving the poolside, the coach will request a suitable adult to check on them. It is Swim England and Arun Tridents best practice for two persons to look for the member (the second person could be a senior member or a parent).

If a complaint is received about an incident that has occurred in the changing room between a swimmer or a member of the club and any other person, the club has a duty to act upon that concern as appropriate, following the recommended Swim England guidance. If the incident involves a person not associated with the club, the pool manager will be made aware, and consideration given as to whether the statutory agencies need informing.

Information for parents regarding changing facilities

- At both Arun Leisure Centre & Littlehampton Wave, the changing facility is a mixed changing village.
- Swimmers must always follow the code of conduct in the changing rooms.
- Parents should not be in the changing room whilst swimmers are changing unless their child is aged 8 or under or requires additional specific assistance. In such circumstances the parent or carer should be of the same gender as the child and should only be in the changing room to assist the child changing. Once the child is changed and has gone on to poolside the parent or carer should leave the changing room.
- Designated organisation officers may walk through public areas (including village changing areas), particularly if the changing space is shared with members of the public, in order to safeguard members. This approach will be used when children have reported incidents of bullying or general behaviour issues between members in the changing rooms and there will be a subsequent meeting agreed with both the swimmer and their parent/guardian to address the concerns.
- The changing room policy now prohibits all use of a mobile phone or device in a changing area during Swim England regulated activity. This includes, but is not limited to taking photos, texting, making phone calls and browsing the internet.