



VANESSA KNIGHT MEET 2024

Sunday 26th May

Affiliated to Swim England South East
www.aruntridents.co.uk

UPPER LIMIT QUALIFYING TIMES

Male/Open					
EVENT	9-10	11	12	13	14+
50M FREESTYLE	38.0	35.0	32.0	31.0	29.0
50M BREASTSTROKE	51.0	48.0	43.0	40.0	37.0
50M BUTTERFLY	44.0	40.0	38.0	35.0	33.0
50M BACKSTROKE	44.0	42.0	37.0	35.0	34.0
100M IND MEDLEY	1.37.0	1.31.0	1.22.0	1.17.0	1.12.0
Female					
EVENT	9-10	11	12	13	14+
50M FREESTYLE	38.0	35.0	34.0	33.0	32.0
50M BREASTSTROKE	51.0	47.0	42.0	41.0	40.0
50M BUTTERFLY	44.0	41.0	38.0	36.0	35.0
50M BACKSTROKE	44.0	42.0	38.0	37.0	36.0
100M IND MEDLEY	1.37.0	1.29.0	1.22.0	1.19.0	1.16.0

Upper Limit Qualifying Times (Not Faster Than or Equal To)
Age at Day - Promoters Conditions Apply