



SPLASH INTO 2026

Sunday 11th January

PROGRAMME OF EVENTS

Affiliated to Swim England South East

www.aruntridents.co.uk

Session 1: Warm up 9.00am Starts 10.00am

1	Male/Open	9 years & over	100m	Freestyle
2	Female	9 years & over	100m	Freestyle
3	Male/Open	9 years & over	50m	Breaststroke
4	Female	9 years & over	50m	Breaststroke
5	Male/Open	9 years & over	100m	Butterfly
6	Female	9 years & over	100m	Butterfly
7	Male/Open	9 years & over	50m	Backstroke
8	Female	9 years & over	50m	Backstroke

Session 2 Warm up TBC, Starts TBC

11	Female	9 years & over	100m	Backstroke
12	Male/Open	9 years & over	100m	Backstroke
13	Female	9 years & over	50m	Freestyle
14	Male/Open	9 years & over	50m	Freestyle
15	Female	9 years & over	100m	Breaststroke
16	Male/Open	9 years & over	100m	Breaststroke
17	Female	9 years & over	50m	Butterfly
18	Male/Open	9 years & over	50m	Butterfly

Age at Day - Promoters Conditions Apply

