

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 101 Girls 9-10 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Darcey	9	Lancing College Swimming Club	NT	3:14.79
2	Porteous, Ella	9	Lancing College Swimming Club	NT	3:16.62
3	French, Beatrice	9	Lancing College Swimming Club	3:39.52	3:25.50
4	Bradford, Olivia	10	Worthing SC	3:36.26	3:42.25
5	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	3:53.42	3:48.22
6	Ristic Phillips, Elizabeth	9	Arun Tridents SC	NT	3:56.05

Event 101 Girls 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	2:33.70	2:32.27
2	Jasper, Lilly-May	11	Guildford City Swimming Club	2:40.28	2:41.13
3	Garrett, Emily	11	Hamble Aquatics Swim Team	2:51.04	2:50.68
4	Mitchell, Kaia	11	Wildern Waves	3:01.20	2:55.77
5	Smith, Orlagh	11	Fareham Nomads	3:13.16	3:06.11
6	Tourell, Georgia	11	Hamble Aquatics Swim Team	3:35.13	3:12.41
7	Whitfield-Myers, Darcey	11	Hamble Aquatics Swim Team	4:27.86	3:19.86
8	Hart, Martha	11	Hamble Aquatics Swim Team	NT	3:27.79

Event 101 Girls 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Sleep, Rosie	12	Wildern Waves	2:32.63	2:29.31
2	Barker, Jessica	12	Arun Tridents SC	2:35.66	2:34.46
3	Horley, Erin	12	Arun Tridents SC	2:41.51	2:47.79
4	Watts, Isabel	12	Hamble Aquatics Swim Team	2:51.00	2:49.80
5	Colbourne, Elena	12	Arun Tridents SC	3:05.83	2:51.19
6	McKinney, Leila	12	Worthing SC	3:06.71	2:52.96
7	Kite, Florence	12	Worthing SC	NT	3:01.20
8	Hogg, Mia	12	Fareham Nomads	3:23.81	3:04.83
9	Walsh, Jessica-Rose	12	Fareham Nomads	NT	3:15.47
10	Nichols, Harriet	12	Arun Tridents SC	3:52.12	3:39.18

Event 101 Girls 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Mihaylov, Allegra	13	Arun Tridents SC	2:30.85	2:32.15
2	Mcclean, Daisy	13	Wildern Waves	2:34.87	2:32.30
3	Hartley, Isla	13	Fareham Nomads	2:30.81	2:37.93
4	Signorelli-David, Alys	13	Arun Tridents SC	2:36.88	2:38.16
5	Kerridge, Imogen	13	Chichester Cormorants Swimming	NT	2:46.19
6	Godfrey, Eve	13	Chichester Cormorants Swimming	NT	2:52.57
7	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	2:56.30	2:52.90
8	Richards, Hollie	13	Worthing SC	2:51.19	2:53.82
9	Lambert-Gorwyn, Mya	13	Chichester Cormorants Swimming	NT	3:00.05
10	Chico Bello, Lia	13	Eastbourne Swimming Club	3:01.45	3:00.34

Event 101 Girls 14 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hart, Lily	14	Hamble Aquatics Swim Team	2:42.33	2:41.99
2	Hinchliff, Savannah	14	Wildern Waves	NT	2:49.73
3	Dawson, Matilda	14	Hamble Aquatics Swim Team	2:46.45	2:51.61
4	Brown, Lauren	14	Worthing SC	3:15.59	3:14.81

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 101 Girls 15 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Gobby, Mylea	15	Seaclose Swimming Club	2:17.03	2:16.90
2	Goodall, Hannah	15	Wildern Waves	2:18.16	2:17.73
3	Lavender, Annabel	15	Worthing SC	2:24.29	2:27.05
4	Szawiel, Eden	15	Seaclose Swimming Club	2:32.98	2:35.69
5	White, Kayla	15	Fareham Nomads	2:37.71	2:35.88

Event 101 Girls 16 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Clout, Keira-Leigh	17	Lancing College Swimming Club	2:13.16	2:18.96
2	Ford, Inara	16	Seaclose Swimming Club	2:19.62	2:19.93
3	Thomas-Negro, Yolanda	16	Worthing SC	2:37.38	2:41.99

Event 102 Boys 9-10 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Theo	10	Lancing College Swimming Club	2:42.30	2:43.05
2	Kopitsas, Orpheas	10	Fareham Nomads	3:03.26	3:03.86
3	Greene, Hugo	9	Worthing SC	3:13.07	3:04.13
4	Spence, Noah	10	Fareham Nomads	NT	3:46.57

Event 102 Boys 11 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Harry	11	Lancing College Swimming Club	2:31.66	2:30.00
2	Robst, Benjamin	11	Chichester Cormorants Swimming	NT	2:39.69
3	Whittington, George	11	Seaclose Swimming Club	2:43.90	2:41.62
4	Urbaniak, Aleksander	11	Arun Tridents SC	3:07.29	3:04.45
5	Wilkins, Oliver	11	Wildern Waves	3:20.41	3:06.70
6	Jenkins, Jensen	11	Fareham Nomads	3:11.66	3:08.83
7	Reimers, Mitchel	11	Eastbourne Swimming Club	3:29.80	3:15.91
8	Beqo, Leo	11	Lancing College Swimming Club	NT	3:20.42
9	Taylor, Ernest	11	Wildern Waves	3:32.17	3:43.70
10	Hartley, Maxwell	11	Fareham Nomads	NT	4:19.66

Event 102 Boys 12 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	De Trafford, Leo	12	Lancing College Swimming Club	2:45.50	2:37.92
2	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	2:38.16	2:42.82
3	Sandieson, Henry	12	Arun Tridents SC	2:45.23	2:43.64
4	Williams, James	12	Fareham Nomads	3:05.63	2:48.32
5	Gard, Isaac	12	Seaclose Swimming Club	2:54.02	2:50.49
6	Matthews, Maddox	12	Chichester Cormorants Swimming	3:05.86	2:57.62
7	Stapleton, Edward	12	Arun Tridents SC	3:08.73	2:57.70
8	Harris, Theo	12	Arun Tridents SC	3:19.77	3:06.57

Event 102 Boys 13 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hawkins, William	13	Arun Tridents SC	2:31.22	2:29.00
2	Jones, Taylor	13	Arun Tridents SC	2:24.28	2:32.47
3	Cowley, Derin	13	Arun Tridents SC	2:32.66	2:32.64
4	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	2:37.16
5	Murphy, Maximillian	13	Arun Tridents SC	2:50.60	2:40.66

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 102 Boys 14 Year Olds 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	De Courcy Stevens, Henry	14	Hamble Aquatics Swim Team	2:17.81	2:16.77

Event 102 Boys 15 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Gironella, Alister	15	Croydon Amphibians SC	2:04.04	2:03.30
2	Carter, Adam	15	Arun Tridents SC	2:16.55	2:16.10
3	Thomas-Negro, Ewan	15	Worthing SC	2:39.93	2:27.04

Event 102 Boys 16 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Stevenson, Charlie	16	Chichester Cormorants Swimming	1:58.70	2:01.46

Event 103 Girls 9-10 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Martin, Olivia	10	Fareham Nomads	57.63	48.31
2	O'Callaghan, Phoebe	10	Arun Tridents SC	47.36	49.85
3	Taylor, Arabella	10	Wildern Waves	51.30	50.89
4	Wyeth, Zoe	9	Wildern Waves	54.72	51.17
5	Stubbs, Stevie	10	Worthing SC	53.10	52.51
6	Canning, Alice	10	Eastbourne Swimming Club	56.36	53.91
7	French, Beatrice	9	Lancing College Swimming Club	NT	54.92
8	Eldridge, Lily	10	Seaclose Swimming Club	1:02.37	56.11
9	Bradford, Olivia	10	Worthing SC	56.13	56.93
10	Barton, Jemima	9	Chichester Cormorants Swimming	57.92	57.10
11	Kite, Primrose	10	Worthing SC	1:04.65	57.92
12	Wright Oliveri, Carla	9	Chichester Cormorants Swimming	1:03.00	58.31
13	Stamp, Khloe	10	Chichester Cormorants Swimming	1:01.38	59.42
14	Heath, Fleur	9	Lancing College Swimming Club	1:01.93	59.43
15	Mitchell, Lara	9	Wildern Waves	1:02.76	1:00.81
16	Chilton, Mizuki	9	Arun Tridents SC	1:08.73	1:04.75
17	Smith, Edith	9	Fareham Nomads	NT	1:07.85
---	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	1:03.85	DQ DQ
---	Ristic Phillips, Elizabeth	9	Arun Tridents SC	NT	DQ DQ
---	Zalman, Imogen	9	Eastbourne Swimming Club	NT	DQ DQ

Event 103 Girls 11 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	45.73	44.97
2	Gale, Eve	11	Lancing College Swimming Club	49.03	47.82
3	Godsmark, Phaedra	11	Arun Tridents SC	49.04	49.06
4	Smith, Evelyn	11	Fareham Nomads	51.94	50.75
5	Garrett, Emily	11	Hamble Aquatics Swim Team	49.33	51.20
6	Croft, Anna	11	Worthing SC	56.74	51.63
7	Stoica, Iris	11	Chichester Cormorants Swimming	59.50	52.16
8	Wood, Grace	11	Seaclose Swimming Club	54.50	52.25
9	McMahon, Evie	11	Wildern Waves	54.82	52.80
10	Whitfield-Myers, Darcey	11	Hamble Aquatics Swim Team	59.60	53.90
11	Gregory, Andalie	11	Worthing SC	57.92	54.93
12	Kaye, Phoebe	11	Fareham Nomads	NT	56.99
13	Young, Harriet	11	Seaclose Swimming Club	1:15.87	1:03.38

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 103 Girls 12 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Sleep, Rosie	12	Wildern Waves	44.20	42.92
2	Fulford, Bella	12	Wildern Waves	45.83	44.55
3	Maynard, Amber	12	Arun Tridents SC	44.63	46.33
4	Darbyshire, Juliette	12	Seaclose Swimming Club	46.41	46.74
5	McKinney, Leila	12	Worthing SC	52.45	47.45
6	Osborne, Lucy	12	Chichester Cormorants Swimming	50.69	47.60
7	Hadfield, Charlotte	12	Lancing College Swimming Club	47.14	47.88
8	Burton, Daisy	12	Hamble Aquatics Swim Team	53.92	49.99
9	Kite, Florence	12	Worthing SC	57.70	51.55
10	Walsh, Jessica-Rose	12	Fareham Nomads	57.79	56.13
11	Murphy, Anna	12	Arun Tridents SC	57.66	57.05
12	Prince-Beldam, Lola	12	Arun Tridents SC	1:03.72	57.41
13	Sharpe, Felicity	12	Arun Tridents SC	NT	1:00.12
14	Nichols, Harriet	12	Arun Tridents SC	1:06.45	1:03.52
15	Barnes, Isabella	12	Fareham Nomads	58.75	1:04.00
---	Wood, Sophie	12	Wildern Waves	46.80	DQ DQ

Event 103 Girls 13 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wardle, Hollie	13	Worthing SC	38.88	39.44
2	Signorelli-David, Alys	13	Arun Tridents SC	42.09	44.25
3	Dore, Scarlett	13	Worthing SC	46.32	44.57
4	Godfrey, Eve	13	Chichester Cormorants Swimming	43.94	44.67
5	Kerridge, Imogen	13	Chichester Cormorants Swimming	42.80	44.84
6	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	47.40	46.23
7	Richards, Hollie	13	Worthing SC	49.22	49.66
8	Chico Bello, Lia	13	Eastbourne Swimming Club	50.91	51.35
9	Lambert-Gorwyn, Mya	13	Chichester Cormorants Swimming	59.37	52.34
10	Whiteman, Poppy	13	Seaclose Swimming Club	NT	55.01
11	Glover, Ellie	13	Seaclose Swimming Club	1:02.89	55.06

Event 103 Girls 14 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Dodman, Eloise	14	Wildern Waves	40.00	38.43
2	Holden, Bella	14	Hamble Aquatics Swim Team	39.50	38.61
3	Hart, Lily	14	Hamble Aquatics Swim Team	42.90	44.83
4	Brown, Lauren	14	Worthing SC	51.07	51.66

Event 103 Girls 15 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wake, Sonya	15	Seaclose Swimming Club	37.93	38.77
2	Lavender, Annabel	15	Worthing SC	38.49	40.41
3	Parker, Lily	15	Worthing SC	40.53	41.75
4	Cybulka, Victoria	15	Eastbourne Swimming Club	44.63	43.65
5	Ivanov, Evelin	15	Wildern Waves	NT	43.69
6	White, Kayla	15	Fareham Nomads	41.94	43.98
7	Furse, Caitlin	15	Hamble Aquatics Swim Team	47.42	47.27
---	Conkleton, Anjelica	15	Seaclose Swimming Club	NT	DQ DQ

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 103 Girls 16 & Over 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Seacombe, Ella	16	Chichester Cormorants Swimming	37.10	38.55
2	Anderson, Evie	16	Arun Tridents SC	38.20	38.79
3	Brockwell, Holly	17	Arun Tridents SC	38.10	40.07
4	Mann, Sophie	16	Wildern Waves	42.00	41.83
5	Burstow, Elliot	16	Worthing SC	45.52	45.15
6	Welsh, Chloe	16	Seaclose Swimming Club	48.68	49.55

Event 104 Boys 9-10 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Guatelli, Alberto	10	Chichester Cormorants Swimming	44.00	43.94
2	Kopitsas, Orpheas	10	Fareham Nomads	50.54	49.06
3	Stanbridge, Rex	9	Fareham Nomads	56.23	52.67
4	Chilton, Hyuga	10	Arun Tridents SC	NT	57.16
5	Ford, Freddie	10	Chichester Cormorants Swimming	NT	57.76
6	Spence, Noah	10	Fareham Nomads	1:06.57	1:00.11
7	Poplawski, Tristan	10	Seaclose Swimming Club	1:08.30	1:00.73
8	Shortman, Raife	10	Seaclose Swimming Club	1:01.29	1:01.26
9	Hustler, Liam	10	Fareham Nomads	NT	1:04.44
10	Mackenzie, Harrison	10	Seaclose Swimming Club	1:11.67	1:07.80
11	Dixon, Eric	9	Worthing SC	NT	1:08.96
---	Peart, Benjamin	9	Chichester Cormorants Swimming	NT	DQ DQ
---	Lokaj, Wojtek	10	Arun Tridents SC	NT	DQ DQ

Event 104 Boys 11 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	42.60	42.57
2	Brown, Harry	11	Lancing College Swimming Club	46.83	43.72
3	Whittington, George	11	Seaclose Swimming Club	44.26	45.60
4	Wilkins, Oliver	11	Wildern Waves	53.10	47.76
5	Dixon, Alexander	11	Worthing SC	51.07	50.37
6	Paja, Daniel	11	Lancing College Swimming Club	NT	51.49
7	Stoenescu, Luca	11	Wildern Waves	NT	51.86
8	Reimers, Mitchel	11	Eastbourne Swimming Club	55.39	53.29
9	Jenkins, Jensen	11	Fareham Nomads	56.49	53.40
10	Rogers, Harry	11	Arun Tridents SC	52.41	53.49
11	Platt, Isaac	11	Fareham Nomads	54.71	53.67
12	Taylor, Ernest	11	Wildern Waves	1:01.17	1:01.18
---	Willcox, Cammy	11	Hamble Aquatics Swim Team	46.55	DQ DQ

Event 104 Boys 12 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Peart, Jonathan	12	Chichester Cormorants Swimming	45.50	44.11
2	Stapleton, Edward	12	Arun Tridents SC	46.90	44.15
3	Hrypinyak, Marko	12	Eastbourne Swimming Club	44.22	44.26
4	Abdulrahman, Omer	12	Worthing SC	46.50	44.32
5	De Trafford, Leo	12	Lancing College Swimming Club	45.18	48.13
6	Williams, James	12	Fareham Nomads	54.94	52.78
7	Moles, Morris	12	Arun Tridents SC	53.72	55.05

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 104 Boys 13 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Dalgarno, Luca	13	Arun Tridents SC	38.20	38.64
2	Stanton, Max	13	Chichester Cormorants Swimming	38.90	38.65
3	Willcox, Matthew	13	Hamble Aquatics Swim Team	38.90	38.98
4	Jones, Taylor	13	Arun Tridents SC	39.26	40.49
5	Murphy, Maximillian	13	Arun Tridents SC	37.70	40.51
6	Cowley, Derin	13	Arun Tridents SC	42.22	40.71
7	Ellis, Archie	13	Worthing SC	42.31	42.00
8	Callard, Joshua	13	Lancing College Swimming Club	45.83	44.03
9	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	46.20
10	Stretton-Watts, Thomas	13	Arun Tridents SC	51.62	47.57
11	Craciun, Thomas	13	Chichester Cormorants Swimming	46.43	49.90

Event 104 Boys 14 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Robst, Oliver	14	Chichester Cormorants Swimming	42.07	39.71
2	Welsh, Jack	14	Seaclose Swimming Club	57.10	45.67
3	Khela, Jayven	14	Wildern Waves	NT	51.83

Event 104 Boys 15 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Baverstock, Noah	15	Chichester Cormorants Swimming	35.22	34.53
2	Thomas-Negro, Ewan	15	Worthing SC	36.00	37.23
3	Carter, Adam	15	Arun Tridents SC	38.53	38.67
4	Craciun, Ianis	15	Chichester Cormorants Swimming	42.76	42.15

Event 104 Boys 16 & Over 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	31.73	32.86
2	Poynter, Maxwell	17	Seaclose Swimming Club	33.40	33.55
3	Nezhoda, Mikulas	16	Worthing SC	33.82	33.62
4	Brailsford, Thomas	17	Seaclose Swimming Club	37.34	37.03

Event 105 Girls 9-10 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Porteous, Lily	10	Lancing College Swimming Club	1:25.70	1:23.39
2	Martin, Olivia	10	Fareham Nomads	1:32.83	1:32.40
3	O'Callaghan, Phoebe	10	Arun Tridents SC	1:41.06	1:37.25
4	Canning, Alice	10	Eastbourne Swimming Club	NT	1:39.43
5	Harvey, Lilou-Ivy	10	Wildern Waves	1:39.19	1:40.64
6	Heath, Fleur	9	Lancing College Swimming Club	NT	1:48.35
7	Mitchell, Lara	9	Wildern Waves	1:54.10	1:53.11
8	Zalman, Imogen	9	Eastbourne Swimming Club	NT	2:20.83
---	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	1:54.61	DQ DQ
---	Chilton, Mizuki	9	Arun Tridents SC	2:18.27	DQ DQ
---	Ewing, Millie	9	Lancing College Swimming Club	NT	DQ DQ
---	Wright Oliveri, Carla	9	Chichester Cormorants Swimming	NT	DQ DQ

Event 105 Girls 11 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Jasper, Lilly-May	11	Guildford City Swimming Club	1:24.14	1:24.99
2	Godsmark, Phaedra	11	Arun Tridents SC	1:31.69	1:25.64

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 105 Girls 11 Year Olds 100 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
3	Elliott, Sophie	11	Fareham Nomads	1:28.18	1:26.23
4	Cobb, Lilyana	11	Arun Tridents SC	1:30.30	1:26.56
5	Smith, Orlagh	11	Fareham Nomads	1:29.21	1:28.22
6	Cobb, Teddy	11	Lancing College Swimming Club	1:27.80	1:28.84
7	Tourell, Georgia	11	Hamble Aquatics Swim Team	1:36.64	1:30.32
8	McMahon, Evie	11	Wildern Waves	1:29.30	1:30.67
9	Garrett, Emily	11	Hamble Aquatics Swim Team	1:30.23	1:32.76
10	Whitfield-Myers, Darcey	11	Hamble Aquatics Swim Team	1:44.02	1:34.12
11	Gale, Eve	11	Lancing College Swimming Club	1:31.90	1:34.31
12	Rathore, Emilia	11	Wildern Waves	NT	1:34.71
13	Mitchell, Kaia	11	Wildern Waves	1:40.27	1:36.55
14	Gregory, Andalie	11	Worthing SC	1:54.23	1:50.57
15	Young, Harriet	11	Seaclose Swimming Club	2:16.02	2:05.59

Event 105 Girls 12 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Gowland, Jemima	12	Arun Tridents SC	1:22.03	1:18.82
2	Sleep, Rosie	12	Wildern Waves	1:20.25	1:19.25
3	Cobb, Chloe	12	Arun Tridents SC	1:21.91	1:19.68
4	Barker, Jessica	12	Arun Tridents SC	1:19.40	1:20.45
5	Fulford, Bella	12	Wildern Waves	1:22.78	1:21.86
6	Horley, Erin	12	Arun Tridents SC	1:23.66	1:23.37
7	Hogg, Mia	12	Fareham Nomads	1:37.81	1:34.81
8	McKinney, Leila	12	Worthing SC	1:43.93	1:46.13
9	Murphy, Anna	12	Arun Tridents SC	NT	1:52.81
10	Nichols, Harriet	12	Arun Tridents SC	2:01.02	1:55.67

Event 105 Girls 13 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Mccarthy-Williams, Molly	13	Eastbourne Swimming Club	1:22.17	1:16.78
2	Viljoen, Amy	13	Arun Tridents SC	1:19.35	1:21.62
3	Mackenzie, Indiana	13	Seaclose Swimming Club	1:30.89	1:30.82
4	Chico Bello, Lia	13	Eastbourne Swimming Club	1:34.27	1:34.52
5	Lambert-Gorwyn, Mya	13	Chichester Cormorants Swimming	1:44.69	1:36.88
6	Hadwin, Cecily	13	Hamble Aquatics Swim Team	1:34.77	1:36.89
---	Glover, Ellie	13	Seaclose Swimming Club	NT	DQ DQ

Event 105 Girls 14 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Dawson, Matilda	14	Hamble Aquatics Swim Team	1:22.45	1:24.02

Event 105 Girls 15 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Goodall, Hannah	15	Wildern Waves	1:14.50	1:14.40
2	Brossier, Jennifer	15	Wildern Waves	1:21.30	1:17.85
3	Wake, Sonya	15	Seaclose Swimming Club	1:15.18	1:18.10

Event 105 Girls 16 & Over 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Clout, Keira-Leigh	17	Lancing College Swimming Club	1:13.10	1:12.77
2	Brockwell, Holly	17	Arun Tridents SC	1:15.58	1:16.50
3	Mann, Sophie	16	Wildern Waves	1:18.88	1:20.75

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 105 Girls 16 & Over 100 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
4	Collins, Alice	17	Wildern Waves	1:23.45	1:21.60
5	Thomas-Negro, Yolanda	16	Worthing SC	1:19.08	1:22.74

Event 106 Boys 9-10 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Guatelli, Alberto	10	Chichester Cormorants Swimming	1:27.33	1:27.31
2	Hustler, Liam	10	Fareham Nomads	NT	1:45.71
3	Stanbridge, Rex	9	Fareham Nomads	1:49.01	1:45.94
4	Whiting, Sidney	9	Fareham Nomads	2:03.81	1:50.91
5	Spence, Noah	10	Fareham Nomads	1:56.90	1:54.86
6	Pearl, Benjamin	9	Chichester Cormorants Swimming	NT	2:11.38
---	Chilton, Hyuga	10	Arun Tridents SC	1:52.31	DQ DQ

Event 106 Boys 11 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Malik, Theodore	11	Lancing College Swimming Club	1:28.30	1:28.41
2	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	NT	1:31.58
3	Jenkins, Jensen	11	Fareham Nomads	1:33.36	1:36.92
4	Beqo, Leo	11	Lancing College Swimming Club	1:40.36	1:40.94
5	Platt, Isaac	11	Fareham Nomads	NT	1:44.96
---	Hartley, Maxwell	11	Fareham Nomads	1:49.12	DQ DQ

Event 106 Boys 12 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	1:18.65	1:20.34
2	Sandieson, Henry	12	Arun Tridents SC	1:22.18	1:20.57
3	Moles, Morris	12	Arun Tridents SC	1:32.87	1:30.65
4	Stapleton, Edward	12	Arun Tridents SC	1:34.21	1:33.25
5	Harris, Theo	12	Arun Tridents SC	1:32.91	1:34.47
6	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	1:30.59	1:36.27
7	Pearl, Jonathan	12	Chichester Cormorants Swimming	1:50.47	1:37.49
---	Williams, James	12	Fareham Nomads	1:38.34	DQ DQ

Event 106 Boys 13 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Stanton, Oliver	13	Arun Tridents SC	1:10.40	1:13.27
2	Goddard, Arthur	13	Wildern Waves	1:19.89	1:17.81
3	Hawkins, William	13	Arun Tridents SC	1:22.60	1:18.25
4	Jones, Taylor	13	Arun Tridents SC	1:14.21	1:20.38
5	Ellis, Archie	13	Worthing SC	1:26.86	1:24.17
6	Stretton-Watts, Thomas	13	Arun Tridents SC	1:33.07	1:37.53
---	Callard, Joshua	13	Lancing College Swimming Club	1:20.34	DQ DQ

Event 106 Boys 14 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Tourell, Joseph	14	Hamble Aquatics Swim Team	1:10.66	1:09.14
2	Little, Samuel	14	Arun Tridents SC	1:25.64	1:20.92

Event 106 Boys 15 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Sparrowhawk, Nicholas	15	Lancing College Swimming Club	1:15.58	1:10.17
2	Craciun, Ianis	15	Chichester Cormorants Swimming	1:16.53	1:14.60

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 106 Boys 16 & Over 100 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Brailsford, Thomas	17	Seaclose Swimming Club	1:07.54	1:07.17

Event 107 Girls 9-10 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Martin, Olivia	10	Fareham Nomads	43.59	43.20
2	Brown, Darcey	9	Lancing College Swimming Club	44.94	44.26
3	O'Callaghan, Phoebe	10	Arun Tridents SC	43.72	44.31
4	Rogers, Milly	10	Arun Tridents SC	49.31	45.69
5	Wyeth, Zoe	9	Wildern Waves	48.44	47.35
6	Harvey, Lilou-Ivy	10	Wildern Waves	52.30	48.31
7	Ewing, Millie	9	Lancing College Swimming Club	NT	48.56
8	Eldridge, Lily	10	Seaclose Swimming Club	52.15	50.11
9	Barton, Jemima	9	Chichester Cormorants Swimming	1:04.43	56.42
10	Wright Oliveri, Carla	9	Chichester Cormorants Swimming	57.00	59.84
---	Stamp, Khloe	10	Chichester Cormorants Swimming	1:03.89	DQ DQ
---	Ristic Phillips, Elizabeth	9	Arun Tridents SC	1:05.22	DQ DQ

Event 107 Girls 11 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	39.72	39.90
2	Hoyle, Amber	11	Seaclose Swimming Club	46.34	44.50
3	Jasper, Lilly-May	11	Guildford City Swimming Club	NT	44.65
4	Whitfield-Myers, Darcey	11	Hamble Aquatics Swim Team	59.90	45.27
5	Tourell, Georgia	11	Hamble Aquatics Swim Team	48.11	47.45
6	Smith, Evelyn	11	Fareham Nomads	49.79	48.00
7	McMahon, Evie	11	Wildern Waves	43.71	48.71
8	Rathore, Emilia	11	Wildern Waves	NT	49.02
9	Wood, Grace	11	Seaclose Swimming Club	52.46	50.36
10	Stoica, Iris	11	Chichester Cormorants Swimming	NT	51.20
11	Mitchell, Kaia	11	Wildern Waves	53.59	51.61
12	Upton, Maisie	11	Arun Tridents SC	NT	55.33

Event 107 Girls 12 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Griffith, Krystal	12	Worthing SC	37.95	37.40
2	Sleep, Rosie	12	Wildern Waves	38.24	39.65
3	Maynard, Amber	12	Arun Tridents SC	36.76	40.27
4	McKinney, Leila	12	Worthing SC	43.14	42.23
5	Colbourne, Elena	12	Arun Tridents SC	44.93	43.41
6	Watts, Isabel	12	Hamble Aquatics Swim Team	46.51	44.43
7	Wood, Sophie	12	Wildern Waves	42.94	45.23
8	Walsh, Jessica-Rose	12	Fareham Nomads	NT	46.95
9	Prince-Beldam, Lola	12	Arun Tridents SC	57.44	54.65
10	Nichols, Harriet	12	Arun Tridents SC	1:01.10	1:02.93
---	Burton, Daisy	12	Hamble Aquatics Swim Team	47.70	DQ DQ

Event 107 Girls 13 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Mccarthy-Williams, Molly	13	Eastbourne Swimming Club	35.13	34.34
2	Hartley, Isla	13	Fareham Nomads	34.24	34.36
3	Mihaylov, Allegra	13	Arun Tridents SC	34.20	34.40

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 107 Girls 13 Year Olds 50 SC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
4	Wardle, Hollie	13	Worthing SC	34.44	34.92
5	Mcclean, Daisy	13	Wildern Waves	35.35	35.30
6	Stock, Isabelle	13	Arun Tridents SC	35.12	35.36
7	Signorelli-David, Alys	13	Arun Tridents SC	37.30	39.18
8	Richards, Hollie	13	Worthing SC	41.17	42.53
9	Godfrey, Eve	13	Chichester Cormorants Swimming	41.38	43.52
10	Lambert-Gorwyn, Mya	13	Chichester Cormorants Swimming	44.20	45.53
11	Mackenzie, Indiana	13	Seaclose Swimming Club	43.81	47.49
12	Hadwin, Cecily	13	Hamble Aquatics Swim Team	46.59	48.46
13	Chico Bello, Lia	13	Eastbourne Swimming Club	50.65	49.70
14	Allen, Megan	13	Seaclose Swimming Club	NT	53.92

Event 107 Girls 14 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Dodman, Eloise	14	Wildern Waves	32.90	32.96
2	Croft, Miya	14	Worthing SC	32.91	33.88
3	Holden, Bella	14	Hamble Aquatics Swim Team	34.15	34.26
4	Harrison, Amelie	14	Lancing College Swimming Club	33.92	35.25
5	Perez, Lillie	14	Eastbourne Swimming Club	37.21	37.43
6	Hinchliff, Savannah	14	Wildern Waves	37.52	37.61
7	Dawson, Matilda	14	Hamble Aquatics Swim Team	41.49	45.89
8	Brown, Lauren	14	Worthing SC	44.41	47.75

Event 107 Girls 15 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Gobby, Mylea	15	Seaclose Swimming Club	30.23	31.51
2	McDougall, Hermione	15	Eastbourne Swimming Club	30.81	31.83
3	Ivanov, Evelin	15	Wildern Waves	32.01	34.28
4	Lavender, Annabel	15	Worthing SC	33.55	34.59
5	Cybulka, Victoria	15	Eastbourne Swimming Club	40.55	42.37
6	Furse, Caitlin	15	Hamble Aquatics Swim Team	52.55	46.29

Event 107 Girls 16 & Over 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Clout, Keira-Leigh	17	Lancing College Swimming Club	30.61	32.11
2	Ford, Inara	16	Seaclose Swimming Club	32.55	33.70
3	Seacombe, Ella	16	Chichester Cormorants Swimming	32.30	35.01
4	Thomas-Negro, Yolanda	16	Worthing SC	36.16	37.64
5	Welsh, Chloe	16	Seaclose Swimming Club	39.42	40.82
6	Collins, Alice	17	Wildern Waves	37.56	41.17

Event 108 Boys 9-10 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Guatelli, Alberto	10	Chichester Cormorants Swimming	38.08	38.93
2	Hustler, Liam	10	Fareham Nomads	NT	54.05
3	Whiting, Sidney	9	Fareham Nomads	53.23	54.73
4	Poplawski, Tristan	10	Seaclose Swimming Club	NT	54.78
5	Dixon, Eric	9	Worthing SC	51.46	59.66

Event 108 Boys 11 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Willcox, Cammy	11	Hamble Aquatics Swim Team	35.98	36.10

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 108 Boys 11 Year Olds 50 SC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
2	Robst, Benjamin	11	Chichester Cormorants Swimming	36.60	37.34
3	Malik, Theodore	11	Lancing College Swimming Club	36.80	37.49
4	Dixon, Alexander	11	Worthing SC	39.20	41.45
5	Reimers, Mitchel	11	Eastbourne Swimming Club	51.04	47.63
6	Urbaniak, Aleksander	11	Arun Tridents SC	45.87	47.67
7	Paja, Daniel	11	Lancing College Swimming Club	NT	48.10
8	Stoenescu, Luca	11	Wildern Waves	45.74	48.17
9	Beqo, Leo	11	Lancing College Swimming Club	57.39	55.27
10	Taylor, Ernest	11	Wildern Waves	49.88	57.62

Event 108 Boys 12 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	36.89	38.29
2	Sandieson, Henry	12	Arun Tridents SC	37.37	38.64
3	Williams, James	12	Fareham Nomads	43.13	39.90
4	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	38.16	39.99
5	Gard, Isaac	12	Seaclose Swimming Club	39.90	40.40
6	De Trafford, Leo	12	Lancing College Swimming Club	42.71	42.03
7	Stapleton, Edward	12	Arun Tridents SC	59.11	51.69
8	Moles, Morris	12	Arun Tridents SC	55.37	52.10

Event 108 Boys 13 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Stanton, Oliver	13	Arun Tridents SC	33.86	34.04
2	Dalgarno, Luca	13	Arun Tridents SC	38.32	34.29
3	Craciun, Thomas	13	Chichester Cormorants Swimming	35.70	36.19
4	Hawkins, William	13	Arun Tridents SC	36.77	36.63
5	Stanton, Max	13	Chichester Cormorants Swimming	39.13	37.85
6	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	37.93
7	Goddard, Arthur	13	Wildern Waves	39.78	38.75
8	Ellis, Archie	13	Worthing SC	39.59	39.14
9	Callard, Joshua	13	Lancing College Swimming Club	37.96	39.68
10	Willcox, Matthew	13	Hamble Aquatics Swim Team	40.38	39.95
11	Stretton-Watts, Thomas	13	Arun Tridents SC	46.53	46.64

Event 108 Boys 14 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	De Courcy Stevens, Henry	14	Hamble Aquatics Swim Team	31.97	31.22
2	Tourell, Joseph	14	Hamble Aquatics Swim Team	31.64	31.46
3	Robst, Oliver	14	Chichester Cormorants Swimming	33.20	32.76
4	Little, Samuel	14	Arun Tridents SC	33.12	33.69

Event 108 Boys 15 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Gironella, Alister	15	Croydon Amphibians SC	27.10	27.25
2	Sparrowhawk, Nicholas	15	Lancing College Swimming Club	30.09	30.46
3	Carter, Adam	15	Arun Tridents SC	30.30	31.97
4	Baverstock, Noah	15	Chichester Cormorants Swimming	31.72	32.28
5	Craciun, Ianis	15	Chichester Cormorants Swimming	31.10	32.43
6	Thomas-Negro, Ewan	15	Worthing SC	31.49	32.46

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 108 Boys 16 & Over 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	28.53	29.49
2	Macrae, Henry	17	Arun Tridents SC	30.81	30.56
3	Poynter, Maxwell	17	Seaclose Swimming Club	31.09	31.24

Event 109 Girls 9-10 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Taylor, Arabella	10	Wildern Waves	3:54.80	3:54.67
2	Stubbs, Stevie	10	Worthing SC	4:04.33	4:08.03
3	French, Beatrice	9	Lancing College Swimming Club	4:15.67	4:11.83
4	Canning, Alice	10	Eastbourne Swimming Club	NT	4:20.22
---	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	NT	DQ DQ

Event 109 Girls 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	3:32.33	3:30.89
2	Cobb, Lilyana	11	Arun Tridents SC	3:43.35	3:30.98
3	Smith, Orlagh	11	Fareham Nomads	NT	4:04.03
4	Wood, Grace	11	Seaclose Swimming Club	4:09.26	4:13.67
5	Hart, Martha	11	Hamble Aquatics Swim Team	NT	4:14.44

Event 109 Girls 12 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wood, Sophie	12	Wildern Waves	3:31.70	3:24.50
2	Darbyshire, Juliette	12	Seaclose Swimming Club	3:37.75	3:36.23
3	Horley, Erin	12	Arun Tridents SC	3:41.67	3:42.24
4	Osborne, Lucy	12	Chichester Cormorants Swimming	NT	3:52.30
5	Burton, Daisy	12	Hamble Aquatics Swim Team	4:08.69	4:01.07

Event 109 Girls 13 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wardle, Hollie	13	Worthing SC	2:59.95	3:01.58
2	Dore, Scarlett	13	Worthing SC	3:29.37	3:32.58
3	Godfrey, Eve	13	Chichester Cormorants Swimming	3:35.90	3:33.29
4	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	3:43.70	3:40.57

Event 109 Girls 14 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	14	Lancing College Swimming Club	2:58.95	2:55.38
2	Dodman, Eloise	14	Wildern Waves	3:03.54	3:00.49
3	Holden, Bella	14	Hamble Aquatics Swim Team	3:10.48	3:08.84
4	Hart, Lily	14	Hamble Aquatics Swim Team	3:22.25	3:30.29

Event 109 Girls 15 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Szawiel, Eden	15	Seaclose Swimming Club	2:59.09	3:05.58
2	White, Kayla	15	Fareham Nomads	3:14.17	3:17.36
3	Furse, Caitlin	15	Hamble Aquatics Swim Team	3:33.20	3:36.43

Event 109 Girls 16 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Mann, Sophie	16	Wildern Waves	3:13.90	3:17.08

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 201 Boys 9-10 200 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Kopitsas, Orpheas	10	Fareham Nomads	3:57.10	3:58.06
2	Stanbridge, Rex	9	Fareham Nomads	4:15.05	4:01.09

Event 201 Boys 11 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Malik, Theodore	11	Lancing College Swimming Club	3:26.14	3:24.33
2	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	3:29.72	3:27.84
3	Whittington, George	11	Seaclose Swimming Club	3:41.72	3:28.42
4	Urbaniak, Aleksander	11	Arun Tridents SC	3:56.80	3:47.44
5	Reimers, Mitchel	11	Eastbourne Swimming Club	NT	3:57.71

Event 201 Boys 12 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Gard, Isaac	12	Seaclose Swimming Club	3:55.79	3:27.95
2	Stapleton, Edward	12	Arun Tridents SC	3:43.00	3:33.24

Event 201 Boys 13 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Cowley, Derin	13	Arun Tridents SC	3:05.56	3:01.38
2	Dalgarno, Luca	13	Arun Tridents SC	3:04.53	3:07.79
3	Stanton, Max	13	Chichester Cormorants Swimming	3:19.00	3:08.20
4	Willcox, Matthew	13	Hamble Aquatics Swim Team	3:13.60	3:08.38
5	Stanton, Oliver	13	Arun Tridents SC	3:08.84	3:10.75
6	Murphy, Maximillian	13	Arun Tridents SC	3:19.23	3:32.27
7	Stretton-Watts, Thomas	13	Arun Tridents SC	3:43.80	3:47.46

Event 201 Boys 14 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Clarke, Jack	14	Wildern Waves	2:53.54	2:57.01
2	Mather, Kaiden	14	Eastbourne Swimming Club	3:27.03	3:20.11

Event 201 Boys 15 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Robst, Zachary	15	Chichester Cormorants Swimming	2:56.70	2:46.72

Event 201 Boys 16 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	2:29.20	2:36.04
2	Poynter, Maxwell	17	Seaclose Swimming Club	2:42.83	2:45.19
3	Brailsford, Thomas	17	Seaclose Swimming Club	2:57.55	2:57.53

Event 202 Girls 9-10 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Martin, Olivia	10	Fareham Nomads	NT	1:41.12
2	O'Callaghan, Phoebe	10	Arun Tridents SC	1:42.53	1:42.12

Event 202 Girls 11 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	1:29.86	1:29.23

Event 202 Girls 13 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	McClellan, Daisy	13	Wildern Waves	1:27.37	1:24.90

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 202 Girls 14 Year Olds 100 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Perez, Lillie	14	Eastbourne Swimming Club	1:24.01	1:25.08
2	Hinchliff, Savannah	14	Wildern Waves	NT	1:25.62

Event 202 Girls 15 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	McDougall, Hermione	15	Eastbourne Swimming Club	1:11.82	1:12.55

Event 202 Girls 16 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Clout, Keira-Leigh	17	Lancing College Swimming Club	1:10.80	1:13.17

Event 203 Boys 9-10 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Theo	10	Lancing College Swimming Club	1:27.40	1:32.97

Event 203 Boys 11 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Boxall, Guy	11	Seaclose Swimming Club	1:46.95	1:35.18
2	Stoenescu, Luca	11	Wildern Waves	1:48.93	1:48.89
3	Taylor, Ernest	11	Wildern Waves	NT	2:14.68

Event 203 Boys 13 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	1:22.15
2	Cowley, Derin	13	Arun Tridents SC	1:19.37	1:22.91
3	Collier, Harry	13	Chichester Cormorants Swimming	1:53.52	1:23.02

Event 203 Boys 16 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Stevenson, Charlie	16	Chichester Cormorants Swimming	1:01.10	1:02.28
2	Lake, James	17	Chichester Cormorants Swimming	1:05.57	1:05.52
3	Macrae, Henry	17	Arun Tridents SC	1:07.50	1:08.95
4	Poynter, Maxwell	17	Seaclose Swimming Club	1:09.63	1:12.33

Event 204 Girls 9-10 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Porteous, Lily	10	Lancing College Swimming Club	40.16	38.77
2	Martin, Olivia	10	Fareham Nomads	44.33	41.84
3	Jakeman, Paige	10	Arun Tridents SC	47.42	43.35
4	Milaskevic, Mija	10	Arun Tridents SC	49.84	45.01
5	Brown, Darcey	9	Lancing College Swimming Club	46.88	45.24
6	Wyeth, Zoe	9	Wildern Waves	46.15	45.31
7	Jannaway, Ava	10	Arun Tridents SC	48.40	46.02
8	Canning, Alice	10	Eastbourne Swimming Club	46.15	46.20
9	O'Callaghan, Phoebe	10	Arun Tridents SC	44.86	46.63
10	Kelly, Isabelle	10	Eastbourne Swimming Club	46.22	46.91
11	Eldridge, Lily	10	Seaclose Swimming Club	50.01	47.73
12	Daniel, Bronte	10	Chichester Cormorants Swimming	NT	48.70
13	Heath, Fleur	9	Lancing College Swimming Club	49.43	50.24
14	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	50.00	51.74
15	French, Beatrice	9	Lancing College Swimming Club	51.09	51.95
16	Johnston, Harriet	10	Arun Tridents SC	55.02	52.44

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 204 Girls 9-10 50 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
17	Mitchell, Lara	9	Wildern Waves	49.25	53.64
18	Curtis, Erin	10	Hamble Aquatics Swim Team	NT	54.88
19	Hayes, Ellie	10	Eastbourne Swimming Club	NT	56.27
20	Price, Ella	9	Arun Tridents SC	1:02.38	58.32
21	Chilton, Mizuki	9	Arun Tridents SC	NT	1:02.44
22	Zalman, Imogen	9	Eastbourne Swimming Club	NT	1:04.37

Event 204 Girls 11 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Lilyana	11	Arun Tridents SC	41.26	39.96
2	Cobb, Teddy	11	Lancing College Swimming Club	40.80	40.75
3	Jasper, Lilly-May	11	Guildford City Swimming Club	40.49	40.84
4	Garrett, Emily	11	Hamble Aquatics Swim Team	41.21	41.60
5	Adams, Amelie	11	Chichester Cormorants Swimming	43.33	41.76
6	McMahon, Evie	11	Wildern Waves	40.58	42.24
7	Gale, Eve	11	Lancing College Swimming Club	40.19	42.93
8	Rathore, Emilia	11	Wildern Waves	44.66	43.19
9	Tourell, Georgia	11	Hamble Aquatics Swim Team	43.06	43.51
10	Hoyle, Amber	11	Seaclose Swimming Club	44.79	44.75
11	Mitchell, Kaia	11	Wildern Waves	45.40	44.98
12	Sparrowhawk, Klara	11	Lancing College Swimming Club	45.86	45.43
13	Gregory, Andalie	11	Worthing SC	47.42	46.91
14	Stoica, Iris	11	Chichester Cormorants Swimming	46.10	48.70
15	Hart, Martha	11	Hamble Aquatics Swim Team	48.68	49.31
16	Croft, Anna	11	Worthing SC	52.06	49.44
17	Upton, Maisie	11	Arun Tridents SC	50.66	49.64
18	Kaye, Phoebe	11	Fareham Nomads	NT	54.31
19	Young, Harriet	11	Seaclose Swimming Club	1:01.24	56.90
20	Jakob, Scarlett	11	Chichester Cormorants Swimming	1:02.04	59.95

Event 204 Girls 12 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Barker, Jessica	12	Arun Tridents SC	37.49	36.85
2	Fulford, Bella	12	Wildern Waves	38.11	38.94
3	Griffith, Krystal	12	Worthing SC	38.31	39.37
4	Colbourne, Elena	12	Arun Tridents SC	41.06	41.04
5	Watts, Isabel	12	Hamble Aquatics Swim Team	42.80	41.96
6	Hadfield, Charlotte	12	Lancing College Swimming Club	45.18	42.86
7	Walsh, Jessica-Rose	12	Fareham Nomads	44.19	44.53
8	Hogg, Mia	12	Fareham Nomads	45.38	45.12
9	Wood, Sophie	12	Wildern Waves	44.26	45.97
10	McKinney, Leila	12	Worthing SC	52.79	46.76
11	Prince-Beldam, Lola	12	Arun Tridents SC	48.41	48.38
12	Murphy, Anna	12	Arun Tridents SC	52.08	51.84
13	Sharratt, Elodie	12	Seaclose Swimming Club	NT	55.75
14	Barnes, Isabella	12	Fareham Nomads	NT	1:03.05
---	Sleep, Rosie	12	Wildern Waves	39.10	DQ DQ

Event 204 Girls 13 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Mccarthy-Williams, Molly	13	Eastbourne Swimming Club	36.00	36.37

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 204 Girls 13 Year Olds 50 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
2	Wardle, Hollie	13	Worthing SC	36.32	36.44
3	Stock, Isabelle	13	Arun Tridents SC	36.71	37.17
4	Signorelli-David, Alys	13	Arun Tridents SC	39.19	38.00
5	Viljoen, Amy	13	Arun Tridents SC	38.09	38.80
6	Johnston, Evelyn	13	Arun Tridents SC	42.40	41.56
7	Mackenzie, Indiana	13	Seaclose Swimming Club	43.56	42.22
8	Munday, Amara	13	Arun Tridents SC	44.74	44.23
9	Hadwin, Cecily	13	Hamble Aquatics Swim Team	42.45	44.40
10	Glover, Ellie	13	Seaclose Swimming Club	55.95	54.01
---	Allen, Megan	13	Seaclose Swimming Club	NT	DQ DQ

Event 204 Girls 14 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Croft, Miya	14	Worthing SC	33.89	35.77
2	Dawson, Matilda	14	Hamble Aquatics Swim Team	38.77	41.37
3	Hart, Lily	14	Hamble Aquatics Swim Team	41.34	41.81

Event 204 Girls 15 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Gobby, Mylea	15	Seaclose Swimming Club	30.51	31.79
2	McDougall, Hermione	15	Eastbourne Swimming Club	33.09	33.11
3	Lavender, Annabel	15	Worthing SC	34.37	35.21
4	Ivanov, Evelin	15	Wildern Waves	40.70	35.47
5	Brossier, Jennifer	15	Wildern Waves	38.52	36.77
6	Adams, Bethany	15	Chichester Cormorants Swimming	40.80	41.73
7	Cybulka, Victoria	15	Eastbourne Swimming Club	NT	42.17
8	Conkleton, Anjelica	15	Seaclose Swimming Club	NT	44.13
9	Furse, Caitlin	15	Hamble Aquatics Swim Team	43.28	46.12

Event 204 Girls 16 & Over 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Smith, Megan	16	Arun Tridents SC	33.32	34.24
2	Brockwell, Holly	17	Arun Tridents SC	34.73	35.49
3	Collins, Alice	17	Wildern Waves	37.57	39.51
4	Burstow, Elliot	16	Worthing SC	39.68	40.51
5	Welsh, Chloe	16	Seaclose Swimming Club	38.78	41.38

Event 205 Boys 9-10 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Kopitsas, Orpheas	10	Fareham Nomads	47.24	41.90
2	Abramov, Edward	10	Arun Tridents SC	39.70	41.91
3	Chilton, Hyuga	10	Arun Tridents SC	51.20	47.05
4	Greene, Hugo	9	Worthing SC	44.49	48.28
5	Stanbridge, Rex	9	Fareham Nomads	50.43	48.71
6	Hustler, Liam	10	Fareham Nomads	NT	48.85
7	Whiting, Sidney	9	Fareham Nomads	50.07	49.61
8	Spence, Noah	10	Fareham Nomads	51.79	50.09
9	Shortman, Raife	10	Seaclose Swimming Club	NT	53.09
10	Poplawski, Tristan	10	Seaclose Swimming Club	54.65	53.62
11	Ford, Freddie	10	Chichester Cormorants Swimming	NT	55.12
12	Mackenzie, Harrison	10	Seaclose Swimming Club	1:05.12	1:02.29
---	Dixon, Eric	9	Worthing SC	58.46	DQ DQ

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 205 Boys 11 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Willcox, Cammy	11	Hamble Aquatics Swim Team	39.46	38.09
2	Brown, Harry	11	Lancing College Swimming Club	39.63	38.79
3	Boxall, Guy	11	Seaclose Swimming Club	43.60	41.26
4	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	42.72	41.96
5	Dixon, Alexander	11	Worthing SC	42.68	44.94
6	Paja, Daniel	11	Lancing College Swimming Club	NT	45.49
7	Beqo, Leo	11	Lancing College Swimming Club	46.19	45.79
8	Platt, Isaac	11	Fareham Nomads	45.22	46.08
9	Reimers, Mitchel	11	Eastbourne Swimming Club	47.69	46.43
10	Stoenescu, Luca	11	Wildern Waves	47.31	47.93
11	Henry, Oliver	11	Arun Tridents SC	49.24	49.97
12	Hartley, Maxwell	11	Fareham Nomads	49.31	51.40

Event 205 Boys 12 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	37.23	35.68
2	Sandieson, Henry	12	Arun Tridents SC	37.43	36.84
3	Vaughan, Charlie	12	Lancing College Swimming Club	38.80	37.47
4	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	40.76	41.29
5	Stapleton, Edward	12	Arun Tridents SC	43.87	41.55
6	Williams, James	12	Fareham Nomads	42.18	41.65
7	De Trafford, Leo	12	Lancing College Swimming Club	46.40	47.66

Event 205 Boys 13 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Stanton, Oliver	13	Arun Tridents SC	33.72	34.04
2	Callard, Joshua	13	Lancing College Swimming Club	36.62	35.46
3	Hawkins, William	13	Arun Tridents SC	38.49	36.69
4	Craciun, Thomas	13	Chichester Cormorants Swimming	43.40	37.82
5	Willcox, Matthew	13	Hamble Aquatics Swim Team	39.45	40.07
6	Stretton-Watts, Thomas	13	Arun Tridents SC	43.85	46.83
---	Murphy, Maximillian	13	Arun Tridents SC	44.80	DQ DQ

Event 205 Boys 14 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Tourell, Joseph	14	Hamble Aquatics Swim Team	31.60	31.63
2	Candler, Harry	14	Arun Tridents SC	42.65	39.79
3	Welsh, Jack	14	Seaclose Swimming Club	49.81	39.92

Event 205 Boys 15 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Sparrowhawk, Nicholas	15	Lancing College Swimming Club	32.01	32.37
2	Carter, Adam	15	Arun Tridents SC	33.17	33.27
3	Craciun, Ianis	15	Chichester Cormorants Swimming	36.10	34.39

Event 205 Boys 16 & Over 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	30.78	31.32
2	Brailsford, Thomas	17	Seaclose Swimming Club	31.21	31.74

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 206 Girls 9-10 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Jakeman, Paige	10	Arun Tridents SC	1:30.83	1:26.26
2 Porteous, Ella	9	Lancing College Swimming Club	NT	1:28.93
3 Kelly, Isabelle	10	Eastbourne Swimming Club	1:30.87	1:31.59
4 Brown, Darcey	9	Lancing College Swimming Club	1:30.46	1:32.64
5 Killpartrick, Erin	9	Worthing SC	NT	1:33.05
6 Taylor, Arabella	10	Wildern Waves	1:43.60	1:33.46
7 Milaskevic, Mija	10	Arun Tridents SC	1:36.42	1:37.73
8 Jannaway, Ava	10	Arun Tridents SC	1:47.35	1:38.27
9 Eldridge, Lily	10	Seaclose Swimming Club	1:41.83	1:40.02
10 Heath, Fleur	9	Lancing College Swimming Club	1:42.03	1:41.18
11 French, Beatrice	9	Lancing College Swimming Club	1:41.19	1:41.43
12 Ewing, Millie	9	Lancing College Swimming Club	NT	1:43.64
13 Mitchell, Lara	9	Wildern Waves	1:45.20	1:44.17
14 Johnston, Harriet	10	Arun Tridents SC	1:45.21	1:46.70
15 Pandolfo, Eleni	10	Hamble Aquatics Swim Team	1:48.30	1:49.82
16 Curtis, Erin	10	Hamble Aquatics Swim Team	2:11.77	1:58.13
17 Zalman, Imogen	9	Eastbourne Swimming Club	NT	2:06.47
18 Chilton, Mizuki	9	Arun Tridents SC	2:15.03	2:15.55

Event 206 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Cobb, Teddy	11	Lancing College Swimming Club	1:12.98	1:13.85
2 Jasper, Lilly-May	11	Guildford City Swimming Club	1:16.08	1:15.87
3 Garrett, Emily	11	Hamble Aquatics Swim Team	1:19.04	1:16.76
4 Gale, Eve	11	Lancing College Swimming Club	1:18.22	1:17.63
5 Adams, Amelie	11	Chichester Cormorants Swimming	1:19.07	1:20.50
6 Mitchell, Kaia	11	Wildern Waves	1:21.98	1:22.54
7 Elliott, Sophie	11	Fareham Nomads	1:28.51	1:23.51
8 Rathore, Emilia	11	Wildern Waves	NT	1:26.86
9 Hoyle, Amber	11	Seaclose Swimming Club	1:26.05	1:27.52
10 McMahon, Evie	11	Wildern Waves	1:25.20	1:28.74
11 Tourell, Georgia	11	Hamble Aquatics Swim Team	1:30.38	1:29.58
12 Wood, Grace	11	Seaclose Swimming Club	1:33.12	1:30.46
13 Sparrowhawk, Klara	11	Lancing College Swimming Club	1:32.70	1:34.31
14 Hart, Martha	11	Hamble Aquatics Swim Team	1:36.61	1:37.78
15 Young, Harriet	11	Seaclose Swimming Club	2:01.62	1:50.64

Event 206 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Sleep, Rosie	12	Wildern Waves	1:11.10	1:09.11
2 Cobb, Chloe	12	Arun Tridents SC	1:11.60	1:09.18
3 Barker, Jessica	12	Arun Tridents SC	1:08.50	1:09.90
4 Griffith, Krystal	12	Worthing SC	1:14.68	1:12.51
5 Fulford, Bella	12	Wildern Waves	1:16.92	1:14.62
6 Gowland, Jemima	12	Arun Tridents SC	1:11.87	1:17.05
7 Watts, Isabel	12	Hamble Aquatics Swim Team	1:17.80	1:18.73
8 McKinney, Leila	12	Worthing SC	1:29.00	1:21.11
9 Colbourne, Elena	12	Arun Tridents SC	1:33.46	1:22.84
10 Hull-James, Ava	12	Arun Tridents SC	1:24.93	1:23.04
11 Darbyshire, Juliette	12	Seaclose Swimming Club	1:19.85	1:25.57

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 206 Girls 12 Year Olds 100 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
12	Hogg, Mia	12	Fareham Nomads	1:37.43	1:27.91
13	Walsh, Jessica-Rose	12	Fareham Nomads	1:29.58	1:29.92
14	Sharratt, Elodie	12	Seaclose Swimming Club	NT	2:01.05
15	Barnes, Isabella	12	Fareham Nomads	NT	2:02.98

Event 206 Girls 13 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Wardle, Hollie	13	Worthing SC	1:08.93	1:07.97
2	Mihaylov, Allegra	13	Arun Tridents SC	1:07.31	1:09.81
3	Mcclean, Daisy	13	Wildern Waves	1:08.46	1:09.88
4	Hartley, Isla	13	Fareham Nomads	1:09.32	1:11.80
5	Mccarthy-Williams, Molly	13	Eastbourne Swimming Club	1:13.77	1:12.48
6	Signorelli-David, Alys	13	Arun Tridents SC	1:12.70	1:12.84
7	Dore, Scarlett	13	Worthing SC	1:25.17	1:18.34
8	Johnston, Evelyn	13	Arun Tridents SC	1:21.53	1:19.00
9	Munday, Amara	13	Arun Tridents SC	1:49.91	1:20.51
10	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	1:18.30	1:21.70
11	Mackenzie, Indiana	13	Seaclose Swimming Club	1:25.50	1:30.89
12	Hadwin, Cecily	13	Hamble Aquatics Swim Team	1:26.43	1:34.62
13	Glover, Ellie	13	Seaclose Swimming Club	NT	1:43.74
---	Whiteman, Poppy	13	Seaclose Swimming Club	NT	DQ DQ

Event 206 Girls 14 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Holden, Bella	14	Hamble Aquatics Swim Team	1:08.57	1:09.41
2	Harrison, Amelie	14	Lancing College Swimming Club	1:08.32	1:09.45
3	Hart, Lily	14	Hamble Aquatics Swim Team	1:16.49	1:15.84

Event 206 Girls 15 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Gobby, Mylea	15	Seaclose Swimming Club	1:01.24	1:02.95
2	Goodall, Hannah	15	Wildern Waves	1:04.60	1:05.55
3	Lavender, Annabel	15	Worthing SC	1:05.21	1:06.29
4	Wake, Sonya	15	Seaclose Swimming Club	1:05.46	1:08.35
5	Parker, Lily	15	Worthing SC	1:09.46	1:08.96
6	Brossier, Jennifer	15	Wildern Waves	1:12.88	1:11.53
7	Adams, Bethany	15	Chichester Cormorants Swimming	1:11.26	1:11.58
8	White, Kayla	15	Fareham Nomads	1:12.43	1:11.79
9	Szawiel, Eden	15	Seaclose Swimming Club	1:10.37	1:12.49
10	Furse, Caitlin	15	Hamble Aquatics Swim Team	1:17.45	1:23.06

Event 206 Girls 16 & Over 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Seacombe, Ella	16	Chichester Cormorants Swimming	1:01.01	1:04.22
2	Clout, Keira-Leigh	17	Lancing College Swimming Club	1:02.23	1:04.80
3	Anderson, Evie	16	Arun Tridents SC	1:05.90	1:05.98
4	Brockwell, Holly	17	Arun Tridents SC	1:06.31	1:08.87
5	Burstow, Elliot	16	Worthing SC	1:15.58	1:15.28
6	Welsh, Chloe	16	Seaclose Swimming Club	1:14.13	1:17.01

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 207 Boys 9-10 100 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Theo	10	Lancing College Swimming Club	1:15.10	1:16.27
2	Kopitsas, Orpheas	10	Fareham Nomads	1:31.19	1:19.23
3	Greene, Hugo	9	Worthing SC	1:28.30	1:27.64
4	Abramov, Edward	10	Arun Tridents SC	1:38.17	1:30.63
5	Poplawski, Tristan	10	Seaclose Swimming Club	NT	1:35.28
6	Chilton, Hyuga	10	Arun Tridents SC	1:41.36	1:37.68
7	Hustler, Liam	10	Fareham Nomads	NT	1:38.55
8	Whiting, Sidney	9	Fareham Nomads	1:51.03	1:40.95
9	Spence, Noah	10	Fareham Nomads	1:58.03	1:43.61

Event 207 Boys 11 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Harry	11	Lancing College Swimming Club	1:11.00	1:10.54
2	Whittington, George	11	Seaclose Swimming Club	1:12.69	1:13.23
3	Willcox, Cammy	11	Hamble Aquatics Swim Team	1:14.80	1:13.44
4	Malik, Theodore	11	Lancing College Swimming Club	1:11.80	1:13.72
5	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	1:18.14	1:19.62
6	Paja, Daniel	11	Lancing College Swimming Club	NT	1:24.06
7	Wilkins, Oliver	11	Wildern Waves	NT	1:25.88
8	Urbaniak, Aleksander	11	Arun Tridents SC	1:22.32	1:27.39
9	Stoenescu, Luca	11	Wildern Waves	1:34.30	1:30.13
10	Reimers, Mitchel	11	Eastbourne Swimming Club	1:35.89	1:30.98
11	Beqo, Leo	11	Lancing College Swimming Club	1:33.70	1:33.08
12	Platt, Isaac	11	Fareham Nomads	NT	1:34.84
13	Henry, Oliver	11	Arun Tridents SC	1:37.21	1:40.33

Event 207 Boys 12 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Abdulrahman, Omer	12	Worthing SC	1:14.16	1:11.18
2	Vaughan, Charlie	12	Lancing College Swimming Club	1:15.54	1:15.21
3	De Trafford, Leo	12	Lancing College Swimming Club	1:14.90	1:15.27
4	Sandieson, Henry	12	Arun Tridents SC	1:16.53	1:16.36
5	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	1:13.40	1:17.34
6	Gard, Isaac	12	Seaclose Swimming Club	1:18.92	1:18.26
7	Williams, James	12	Fareham Nomads	1:20.19	1:18.99
8	But, Sebastian	12	Chichester Cormorants Swimming	1:21.30	1:19.22
9	Stapleton, Edward	12	Arun Tridents SC	1:29.31	1:22.76

Event 207 Boys 13 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	1:09.77
2	Cowley, Derin	13	Arun Tridents SC	1:09.13	1:10.51
3	Hawkins, William	13	Arun Tridents SC	1:13.09	1:10.94
4	Craciun, Thomas	13	Chichester Cormorants Swimming	1:13.60	1:12.27
5	Callard, Joshua	13	Lancing College Swimming Club	1:12.32	1:12.29
6	Stanton, Max	13	Chichester Cormorants Swimming	1:12.71	1:12.45
7	Murphy, Maximillian	13	Arun Tridents SC	1:10.50	1:16.42

Event 207 Boys 14 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	De Courcy Stevens, Henry	14	Hamble Aquatics Swim Team	59.80	1:00.43

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 207 Boys 14 Year Olds 100 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
2	Tourell, Joseph	14	Hamble Aquatics Swim Team	1:03.39	1:02.55
3	Clarke, Jack	14	Wildern Waves	1:02.80	1:05.12
4	Mather, Kaiden	14	Eastbourne Swimming Club	1:16.71	1:12.70
5	Candler, Harry	14	Arun Tridents SC	1:14.61	1:12.81
6	Welsh, Jack	14	Seaclose Swimming Club	1:24.52	1:22.46
7	Khela, Jayven	14	Wildern Waves	NT	1:24.42

Event 207 Boys 15 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Walby, Adam	15	Arun Tridents SC	1:02.66	1:02.29
2	Carter, Adam	15	Arun Tridents SC	1:00.16	1:03.01
3	Craciun, Ianis	15	Chichester Cormorants Swimming	1:04.20	1:03.71
---	Gironella, Alister	15	Croydon Amphibians SC	53.30	X55.76

Event 207 Boys 16 & Over 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Stevenson, Charlie	16	Chichester Cormorants Swimming	53.50	55.57
2	Nezhoda, Mikulas	16	Worthing SC	57.66	56.89
3	Lake, James	17	Chichester Cormorants Swimming	57.00	57.33
4	Mckie, Mark	16	Eastbourne Swimming Club	58.25	59.20
5	Poynter, Maxwell	17	Seaclose Swimming Club	1:00.30	1:01.86
6	Poynter, Harry	20	Seaclose Swimming Club	57.63	1:02.37
7	Macrae, Henry	17	Arun Tridents SC	1:04.44	1:04.42

Event 208 Girls 12 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Wood, Sophie	12	Wildern Waves	NT	3:35.30

Event 208 Girls 14 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Dodman, Eloise	14	Wildern Waves	2:46.31	2:40.63

Event 208 Girls 16 & Over 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Ford, Inara	16	Seaclose Swimming Club	2:37.68	2:36.46

Event 209 Boys 11 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Malik, Theodore	11	Lancing College Swimming Club	3:13.20	3:15.85

Event 301 Girls 9-10 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Porteous, Lily	10	Lancing College Swimming Club	33.10	32.78
2	Martin, Olivia	10	Fareham Nomads	38.76	36.07
3	Killpartrick, Erin	9	Worthing SC	40.63	38.27
4	Wyeth, Zoe	9	Wildern Waves	39.08	39.32
5	Jakeman, Paige	10	Arun Tridents SC	39.60	39.92
6	Porteous, Ella	9	Lancing College Swimming Club	NT	40.26
7	Brown, Darcey	9	Lancing College Swimming Club	39.65	40.36
8	Kelly, Isabelle	10	Eastbourne Swimming Club	40.27	41.07
9	Taylor, Arabella	10	Wildern Waves	40.30	41.17
10	Heath, Fleur	9	Lancing College Swimming Club	NT	43.30
11	Jannaway, Ava	10	Arun Tridents SC	45.36	44.26

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 301 Girls 9-10 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
12	Ewing, Millie	9	Lancing College Swimming Club	NT	44.52
13	Milaskevic, Mija	10	Arun Tridents SC	41.40	44.80
14	Jennings, Faith	10	Lancing College Swimming Club	46.70	44.95
15	French, Beatrice	9	Lancing College Swimming Club	45.99	45.13
16	Eldridge, Lily	10	Seaclose Swimming Club	47.22	45.51
17	Mitchell, Lara	9	Wildern Waves	44.50	46.41
18	Johnston, Harriet	10	Arun Tridents SC	46.83	49.26
19	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	46.67	49.92
20	Curtis, Erin	10	Hamble Aquatics Swim Team	52.73	51.03
21	Price, Ella	9	Arun Tridents SC	51.48	52.38
22	Hayes, Ellie	10	Eastbourne Swimming Club	NT	54.82
23	Chilton, Mizuki	9	Arun Tridents SC	1:01.78	55.16
24	Smith, Edith	9	Fareham Nomads	NT	55.30
25	Zalman, Imogen	9	Eastbourne Swimming Club	NT	56.62
---	Diez Sanchez, Telma	10	Chichester Cormorants Swimming	NT	DQ DQ

Event 301 Girls 11 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Jasper, Lilly-May	11	Guildford City Swimming Club	35.47	34.67
2	Cobb, Teddy	11	Lancing College Swimming Club	34.23	34.74
3	Gale, Eve	11	Lancing College Swimming Club	36.47	34.83
4	Adams, Amelie	11	Chichester Cormorants Swimming	34.30	35.22
5	Garrett, Emily	11	Hamble Aquatics Swim Team	34.97	35.38
6	Godsmark, Phaedra	11	Arun Tridents SC	37.10	36.52
7	Mitchell, Kaia	11	Wildern Waves	36.90	37.54
8	Rathore, Emilia	11	Wildern Waves	NT	38.13
9	McMahon, Evie	11	Wildern Waves	37.40	38.79
10	Elliott, Sophie	11	Fareham Nomads	38.90	39.16
11	Kaye, Phoebe	11	Fareham Nomads	NT	39.40
12	Hoyle, Amber	11	Seaclose Swimming Club	37.44	39.49
13	Tourell, Georgia	11	Hamble Aquatics Swim Team	40.37	40.14
14	Wood, Grace	11	Seaclose Swimming Club	43.01	40.90
15	Stoica, Iris	11	Chichester Cormorants Swimming	42.90	42.96
16	Gregory, Andalie	11	Worthing SC	43.44	43.88
17	Croft, Anna	11	Worthing SC	48.52	44.63
18	Kaye-Weale, Olive	11	Worthing SC	54.07	44.70
19	Upton, Maisie	11	Arun Tridents SC	41.79	45.40
20	Young, Harriet	11	Seaclose Swimming Club	50.56	51.22

Event 301 Girls 12 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Sleep, Rosie	12	Wildern Waves	33.02	32.23
2	Griffith, Krystal	12	Worthing SC	33.85	33.09
3	Maynard, Amber	12	Arun Tridents SC	31.94	33.26
4	Gowland, Jemima	12	Arun Tridents SC	32.07	33.61
5	Fulford, Bella	12	Wildern Waves	33.89	34.73
6	Hull-James, Ava	12	Arun Tridents SC	37.81	36.38
7	Watts, Isabel	12	Hamble Aquatics Swim Team	35.80	36.52
8	Hadfield, Charlotte	12	Lancing College Swimming Club	37.87	37.06
9	Hinton, Emma	12	Worthing SC	39.28	40.26
10	Tilley, Beatrice	12	Chichester Cormorants Swimming	53.22	41.05

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 301 Girls 12 Year Olds 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
11	Sharpe, Felicity	12	Arun Tridents SC	NT	41.49
12	Prince-Beldam, Lola	12	Arun Tridents SC	42.69	48.85
13	Sharratt, Elodie	12	Seaclose Swimming Club	NT	51.73
14	Barnes, Isabella	12	Fareham Nomads	59.18	52.44

Event 301 Girls 13 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Mihaylov, Allegra	13	Arun Tridents SC	30.80	31.92
2	Wardle, Hollie	13	Worthing SC	31.57	32.06
3	Mccarthy-Williams, Molly	13	Eastbourne Swimming Club	32.22	32.13
4	Hartley, Isla	13	Fareham Nomads	32.11	32.59
5	Signorelli-David, Alys	13	Arun Tridents SC	32.81	33.21
6	Stock, Isabelle	13	Arun Tridents SC	32.43	33.25
7	Kerridge, Imogen	13	Chichester Cormorants Swimming	34.10	33.63
8	Dore, Scarlett	13	Worthing SC	34.78	34.84
9	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	35.00	36.46
10	Munday, Amara	13	Arun Tridents SC	35.71	36.68
11	Johnston, Evelyn	13	Arun Tridents SC	35.62	36.74
12	Kedzia, Natalya	13	Hamble Aquatics Swim Team	NT	39.36
13	Mackenzie, Indiana	13	Seaclose Swimming Club	39.20	40.15
14	Whiteman, Poppy	13	Seaclose Swimming Club	NT	41.59
15	Hadwin, Cecily	13	Hamble Aquatics Swim Team	38.58	42.88
16	Glover, Ellie	13	Seaclose Swimming Club	43.46	43.24
17	Allen, Megan	13	Seaclose Swimming Club	NT	48.73

Event 301 Girls 14 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Croft, Miya	14	Worthing SC	29.92	30.50
2	Frith, Grace	14	Chichester Cormorants Swimming	31.38	32.48
3	Perez, Lillie	14	Eastbourne Swimming Club	34.38	34.27

Event 301 Girls 15 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	McDougall, Hermione	15	Eastbourne Swimming Club	28.63	29.78
2	Goodall, Hannah	15	Wildern Waves	30.00	30.49
3	Lavender, Annabel	15	Worthing SC	30.08	30.78
4	Ivanov, Evelin	15	Wildern Waves	29.87	31.13
5	Wake, Sonya	15	Seaclose Swimming Club	29.88	31.50
6	Parker, Lily	15	Worthing SC	30.79	31.53
7	Adams, Bethany	15	Chichester Cormorants Swimming	31.10	31.62
8	Brossier, Jennifer	15	Wildern Waves	34.73	33.49
9	White, Kayla	15	Fareham Nomads	32.52	33.54
10	Cybulka, Victoria	15	Eastbourne Swimming Club	33.96	34.00
11	Furse, Caitlin	15	Hamble Aquatics Swim Team	35.31	36.97

Event 301 Girls 16 & Over 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Johnson, Libby	16	Chichester Cormorants Swimming	27.05	29.51
2	Seacombe, Ella	16	Chichester Cormorants Swimming	27.97	29.59
3	Clout, Keira-Leigh	17	Lancing College Swimming Club	28.63	30.43
4	Anderson, Evie	16	Arun Tridents SC	30.00	30.49
5	Smith, Megan	16	Arun Tridents SC	29.60	30.54

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 301 Girls 16 & Over 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Parker, Nicole	17	Chichester Cormorants Swimming	29.05	30.57
7	Blythe, Isabella	17	Arun Tridents SC	30.00	31.74
8	McGurk, Lucia	17	Chichester Cormorants Swimming	30.41	32.03
9	Welsh, Chloe	16	Seaclose Swimming Club	31.44	33.76
10	Burstow, Elliot	16	Worthing SC	33.01	34.22

Event 302 Boys 9-10 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Guatelli, Alberto	10	Chichester Cormorants Swimming	32.00	32.11
2	Kopitsas, Orpheas	10	Fareham Nomads	38.90	35.42
3	Greene, Hugo	9	Worthing SC	38.49	38.43
4	Abramov, Edward	10	Arun Tridents SC	38.36	39.03
5	Chilton, Hyuga	10	Arun Tridents SC	44.13	40.74
6	Poplawski, Tristan	10	Seaclose Swimming Club	44.38	42.02
7	Hustler, Liam	10	Fareham Nomads	NT	42.17
8	Whiting, Sidney	9	Fareham Nomads	43.05	43.47
9	Dixon, Eric	9	Worthing SC	41.76	45.35
10	Shortman, Raife	10	Seaclose Swimming Club	44.77	45.36
11	Spence, Noah	10	Fareham Nomads	48.98	45.64
12	Ford, Freddie	10	Chichester Cormorants Swimming	50.38	46.31
13	Stanbridge, Rex	9	Fareham Nomads	44.32	46.37
14	Mackenzie, Harrison	10	Seaclose Swimming Club	57.06	55.46
15	Lokaj, Wojtek	10	Arun Tridents SC	NT	56.73

Event 302 Boys 11 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Harry	11	Lancing College Swimming Club	31.90	32.10
2	Whittington, George	11	Seaclose Swimming Club	33.68	33.74
3	Willcox, Cammy	11	Hamble Aquatics Swim Team	33.93	33.90
4	Rubio Rioja, Marcos	11	Chichester Cormorants Swimming	35.32	35.90
5	Dixon, Alexander	11	Worthing SC	35.20	37.12
6	Paja, Daniel	11	Lancing College Swimming Club	NT	38.07
7	Jenkins, Jensen	11	Fareham Nomads	39.96	38.97
8	Platt, Isaac	11	Fareham Nomads	38.24	39.65
9	Beqo, Leo	11	Lancing College Swimming Club	42.26	40.77
10	Stoenescu, Luca	11	Wildern Waves	38.40	40.92
11	Hartley, Maxwell	11	Fareham Nomads	44.44	49.05
---	Jordan-Wakefield, William	11	Hamble Aquatics Swim Team	35.26	DQ DQ

Event 302 Boys 12 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	32.03	32.46
2	Vaughan, Charlie	12	Lancing College Swimming Club	34.00	33.25
3	Abdulrahman, Omer	12	Worthing SC	33.21	33.36
4	Sandieson, Henry	12	Arun Tridents SC	34.18	33.89
5	De Trafford, Leo	12	Lancing College Swimming Club	34.00	34.73
6	Gard, Isaac	12	Seaclose Swimming Club	35.19	34.94
7	Williams, James	12	Fareham Nomads	36.01	35.13
8	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	33.53	36.61
9	Harris, Theo	12	Arun Tridents SC	37.28	37.03

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 302 Boys 13 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Shelley, Flynn	13	Mid Sussex Marlins	30.01	30.38
2	Garner, Charlie	13	Fareham Nomads	NT	30.62
3	Woodhouse Sichel, Robert	13	Fareham Nomads	NT	31.78
4	Stanton, Max	13	Chichester Cormorants Swimming	32.08	32.31
5	Murphy, Maximillian	13	Arun Tridents SC	33.64	33.78
6	Willcox, Matthew	13	Hamble Aquatics Swim Team	33.00	33.98

Event 302 Boys 14 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	De Courcy Stevens, Henry	14	Hamble Aquatics Swim Team	26.40	28.06
2	Robst, Oliver	14	Chichester Cormorants Swimming	29.90	28.69
3	Tourell, Joseph	14	Hamble Aquatics Swim Team	28.76	29.10
4	Mather, Kaiden	14	Eastbourne Swimming Club	31.44	31.47
5	Christian, Ethan-Ross	14	Worthing SC	33.65	33.43
6	Candler, Harry	14	Arun Tridents SC	32.41	33.56
7	Welsh, Jack	14	Seaclose Swimming Club	40.87	34.49
8	Khela, Jayven	14	Wildern Waves	NT	38.59

Event 302 Boys 15 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Gironella, Alister	15	Croydon Amphibians SC	24.30	25.92
2	Sparrowhawk, Nicholas	15	Lancing College Swimming Club	27.46	28.28
3	Walby, Adam	15	Arun Tridents SC	28.76	28.71
4	Baverstock, Noah	15	Chichester Cormorants Swimming	28.53	29.10

Event 302 Boys 16 & Over 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	26.46	27.57
2	Poynter, Maxwell	17	Seaclose Swimming Club	28.24	29.36

Event 303 Girls 9-10 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Porteous, Lily	10	Lancing College Swimming Club	1:28.31	1:27.57
2	Martin, Olivia	10	Fareham Nomads	1:38.93	1:33.44
3	Jakeman, Paige	10	Arun Tridents SC	1:38.35	1:39.03
4	Harvey, Lilou-Ivy	10	Wildern Waves	1:40.80	1:40.18
5	Wyeth, Zoe	9	Wildern Waves	1:50.34	1:43.36
6	Brown, Darcey	9	Lancing College Swimming Club	NT	1:43.51
7	Porteous, Ella	9	Lancing College Swimming Club	NT	1:43.82
8	Canning, Alice	10	Eastbourne Swimming Club	NT	1:45.50
9	Taylor, Arabella	10	Wildern Waves	1:52.52	1:45.99
10	Rogers, Milly	10	Arun Tridents SC	NT	1:48.67
11	French, Beatrice	9	Lancing College Swimming Club	1:52.01	1:54.27
12	Milaskevic, Mija	10	Arun Tridents SC	1:50.43	1:54.99
13	Heath, Fleur	9	Lancing College Swimming Club	1:55.24	1:55.80
14	Johnston, Harriet	10	Arun Tridents SC	NT	1:57.85
---	Curtis, Erin	10	Hamble Aquatics Swim Team	NT	DQ DQ
---	Price, Ella	9	Arun Tridents SC	2:22.76	DQ 2:25.75

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 303 Girls 11 Year Olds 100 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	1:25.62	1:27.37
2	Godsmark, Phaedra	11	Arun Tridents SC	1:32.17	1:32.38
3	Garrett, Emily	11	Hamble Aquatics Swim Team	1:31.91	1:35.20
4	Smith, Evelyn	11	Fareham Nomads	1:41.56	1:37.82
5	McMahon, Evie	11	Wildern Waves	1:42.27	1:41.06
6	Tourell, Georgia	11	Hamble Aquatics Swim Team	1:41.82	1:41.34
7	Hoyle, Amber	11	Seaclose Swimming Club	1:41.22	1:41.36
8	Rathore, Emilia	11	Wildern Waves	NT	1:41.64
9	Wood, Grace	11	Seaclose Swimming Club	1:44.72	1:48.17
10	Hart, Martha	11	Hamble Aquatics Swim Team	1:57.54	1:49.13
11	Upton, Maisie	11	Arun Tridents SC	NT	1:59.32
12	Young, Harriet	11	Seaclose Swimming Club	NT	2:09.89
---	Gregory, Andalie	11	Worthing SC	1:50.62	DQ DQ
---	Kaye, Phoebe	11	Fareham Nomads	NT	DQ DQ

Event 303 Girls 12 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Buckingham, Alice	12	Team Luton	1:11.99	1:13.69
2	Barker, Jessica	12	Arun Tridents SC	1:20.63	1:21.02
3	Sleep, Rosie	12	Wildern Waves	1:35.86	1:22.61
4	Gowland, Jemima	12	Arun Tridents SC	1:18.63	1:26.70
5	Wood, Sophie	12	Wildern Waves	1:36.70	1:32.37
6	Hull-James, Ava	12	Arun Tridents SC	1:31.47	1:32.99
7	Darbyshire, Juliette	12	Seaclose Swimming Club	1:44.25	1:34.21
8	Hinton, Emma	12	Worthing SC	NT	1:43.95
9	Tilley, Beatrice	12	Chichester Cormorants Swimming	NT	1:44.29

Event 303 Girls 13 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Huxtable, Elsie	13	Arun Tridents SC	1:10.85	1:13.90
2	Wardle, Hollie	13	Worthing SC	1:15.41	1:19.03
3	Mihaylov, Allegra	13	Arun Tridents SC	1:24.70	1:19.38
4	McClellan, Daisy	13	Wildern Waves	1:28.60	1:20.89
5	Hartley, Isla	13	Fareham Nomads	1:26.13	1:23.90
6	Stock, Isabelle	13	Arun Tridents SC	1:19.86	1:25.17
7	Munday, Amara	13	Arun Tridents SC	1:30.42	1:32.83
8	Johnston, Evelyn	13	Arun Tridents SC	1:40.83	1:36.97
9	Mackenzie, Indiana	13	Seaclose Swimming Club	1:45.31	1:37.17
10	Hadwin, Cecily	13	Hamble Aquatics Swim Team	1:55.27	1:41.72
11	Glover, Ellie	13	Seaclose Swimming Club	NT	1:51.38

Event 303 Girls 14 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	14	Lancing College Swimming Club	1:14.21	1:17.42
2	Croft, Miya	14	Worthing SC	1:14.89	1:17.92
3	Frith, Grace	14	Chichester Cormorants Swimming	1:24.81	1:22.56
4	Perez, Lillie	14	Eastbourne Swimming Club	1:24.87	1:27.36
5	Hart, Lily	14	Hamble Aquatics Swim Team	1:33.16	1:30.27

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 303 Girls 15 Year Olds 100 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Gobby, Mylea	15	Seaclose Swimming Club	1:11.89	1:12.21
2	Goodall, Hannah	15	Wildern Waves	1:15.23	1:13.59
3	Lavender, Annabel	15	Worthing SC	1:13.18	1:17.27
4	Wake, Sonya	15	Seaclose Swimming Club	1:15.93	1:19.73
5	Szawiel, Eden	15	Seaclose Swimming Club	1:20.40	1:21.53
6	Cybulka, Victoria	15	Eastbourne Swimming Club	1:30.03	1:31.07
7	Furse, Caitlin	15	Hamble Aquatics Swim Team	1:36.58	1:31.90

Event 303 Girls 16 & Over 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Seacombe, Ella	16	Chichester Cormorants Swimming	1:11.32	1:15.64
2	Clout, Keira-Leigh	17	Lancing College Swimming Club	1:11.77	1:15.76
3	Johnson, Libby	16	Chichester Cormorants Swimming	1:13.46	1:16.05
4	Ford, Inara	16	Seaclose Swimming Club	1:17.99	1:16.82
5	Blythe, Isabella	17	Arun Tridents SC	1:18.33	1:23.42
6	McGurk, Lucia	17	Chichester Cormorants Swimming	1:22.58	1:26.21

Event 304 Boys 9-10 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Guatelli, Alberto	10	Chichester Cormorants Swimming	1:26.89	1:24.25
2	Harrison, Theo	10	Lancing College Swimming Club	1:33.21	1:27.91
3	Kopitsas, Orpheas	10	Fareham Nomads	1:37.21	1:35.18
4	Greene, Hugo	9	Worthing SC	1:40.70	1:41.77
5	Hustler, Liam	10	Fareham Nomads	NT	1:51.94
6	Whiting, Sidney	9	Fareham Nomads	1:51.07	1:53.72
7	Poplawski, Tristan	10	Seaclose Swimming Club	2:05.99	1:54.37
---	Ford, Freddie	10	Chichester Cormorants Swimming	2:12.49	DQ DQ

Event 304 Boys 11 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Willcox, Cammy	11	Hamble Aquatics Swim Team	1:27.91	1:24.05
2	Brown, Harry	11	Lancing College Swimming Club	1:24.48	1:24.55
3	Robst, Benjamin	11	Chichester Cormorants Swimming	1:29.59	1:25.26
4	Boxall, Guy	11	Seaclose Swimming Club	1:39.32	1:32.14
5	Rubio Rioja, Marcos	11	Chichester Cormorants Swimming	1:43.41	1:37.08
6	Urbaniak, Aleksander	11	Arun Tridents SC	1:34.46	1:38.25
7	Jenkins, Jensen	11	Fareham Nomads	1:42.74	1:39.10
8	Paja, Daniel	11	Lancing College Swimming Club	NT	1:39.85
9	Rogers, Harry	11	Arun Tridents SC	NT	1:41.87
10	Stoenescu, Luca	11	Wildern Waves	1:45.58	1:44.82
11	Henry, Oliver	11	Arun Tridents SC	2:00.07	1:48.24
12	Beqo, Leo	11	Lancing College Swimming Club	1:52.90	1:49.38

Event 304 Boys 12 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	1:25.10	1:20.24
2	Sandieson, Henry	12	Arun Tridents SC	1:24.22	1:24.60
3	Abdulrahman, Omer	12	Worthing SC	1:28.37	1:26.57
4	Vaughan, Charlie	12	Lancing College Swimming Club	1:27.91	1:28.56
5	Gard, Isaac	12	Seaclose Swimming Club	1:36.92	1:30.55
6	Williams, James	12	Fareham Nomads	1:36.87	1:31.39

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****(Event 304 Boys 12 Year Olds 100 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
7 De Trafford, Leo	12	Lancing College Swimming Club	1:25.61	1:33.84

Event 304 Boys 13 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Stanton, Oliver	13	Arun Tridents SC	1:16.67	1:16.61
2 Murphy, Maximillian	13	Arun Tridents SC	1:32.22	1:23.36
3 Woodhouse Sichel, Robert	13	Fareham Nomads	NT	1:26.59
4 Willcox, Matthew	13	Hamble Aquatics Swim Team	1:25.68	1:26.81

Event 304 Boys 14 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Tourell, Joseph	14	Hamble Aquatics Swim Team	1:13.01	1:13.57
--- Robst, Oliver	14	Chichester Cormorants Swimming	1:27.31	DQ DQ

Event 304 Boys 15 Year Olds 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Gironella, Alister	15	Croydon Amphibians SC	1:03.98	1:04.39
2 Robst, Zachary	15	Chichester Cormorants Swimming	1:11.03	1:08.64
3 Baverstock, Noah	15	Chichester Cormorants Swimming	1:12.80	1:10.96
4 Sparrowhawk, Nicholas	15	Lancing College Swimming Club	1:11.15	1:11.85

Event 304 Boys 16 & Over 100 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Lake, James	17	Chichester Cormorants Swimming	1:06.95	1:06.43
2 Poynter, Harry	20	Seaclose Swimming Club	1:03.45	1:07.47
3 Poynter, Maxwell	17	Seaclose Swimming Club	1:12.47	1:11.90
4 Macrae, Henry	17	Arun Tridents SC	1:13.24	1:13.69
--- Mckie, Mark	16	Eastbourne Swimming Club	1:07.36	X1:07.21

Event 305 Girls 9-10 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Porteous, Lily	10	Lancing College Swimming Club	3:05.20	3:03.49
2 Kelly, Isabelle	10	Eastbourne Swimming Club	3:31.00	3:32.05
3 Jannaway, Ava	10	Arun Tridents SC	3:37.31	3:41.71
4 Eldridge, Lily	10	Seaclose Swimming Club	3:48.06	3:43.67
5 French, Beatrice	9	Lancing College Swimming Club	NT	3:51.35
--- Harvey, Lilou-Ivy	10	Wildern Waves	3:53.77	DQ DQ
--- Canning, Alice	10	Eastbourne Swimming Club	NT	DQ DQ

Event 305 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Elliott, Sophie	11	Fareham Nomads	3:11.56	3:07.75
2 McMahon, Evie	11	Wildern Waves	NT	3:19.29
3 Garrett, Emily	11	Hamble Aquatics Swim Team	3:20.50	3:19.93

Event 305 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Fulford, Bella	12	Wildern Waves	2:49.00	2:49.11
2 Barker, Jessica	12	Arun Tridents SC	2:53.33	2:51.13

Event 305 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Johnston, Evelyn	13	Arun Tridents SC	3:15.32	3:18.03

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 305 Girls 15 Year Olds 200 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Brossier, Jennifer	15	Wildern Waves	2:50.56	2:47.24

Event 305 Girls 16 & Over 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Mann, Sophie	16	Wildern Waves	2:48.74	2:50.01

Event 306 Boys 11 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Beqo, Leo	11	Lancing College Swimming Club	NT	3:38.70
2	Hartley, Maxwell	11	Fareham Nomads	3:52.12	3:56.34
---	Jenkins, Jensen	11	Fareham Nomads	3:19.63	DQ DQ

Event 306 Boys 12 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Hrypinyak, Marko	12	Eastbourne Swimming Club	2:48.37	2:50.32
2	Vaughan, Charlie	12	Lancing College Swimming Club	3:06.93	3:05.04
3	Jakobsen Varley, Oliver	12	Lancing College Swimming Club	3:11.15	3:18.75
4	Harris, Theo	12	Arun Tridents SC	3:40.93	3:23.82

Event 306 Boys 13 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cowley, Derin	13	Arun Tridents SC	2:47.60	2:41.26
2	Stanton, Oliver	13	Arun Tridents SC	2:44.43	2:41.87
3	Shelley, Flynn	13	Mid Sussex Marlins	2:49.89	2:43.36
4	Hawkins, William	13	Arun Tridents SC	2:50.50	2:44.90

Event 306 Boys 14 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Tourell, Joseph	14	Hamble Aquatics Swim Team	2:32.91	2:37.76
2	Candler, Harry	14	Arun Tridents SC	3:25.75	3:08.53

Event 306 Boys 16 & Over 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Nezhoda, Mikulas	16	Worthing SC	2:19.91	2:22.97
2	Brailsford, Thomas	17	Seaclose Swimming Club	2:24.60	2:24.14

Event 307 Girls 9-10 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Porteous, Lily	10	Lancing College Swimming Club	1:38.93	1:38.81
2	Martin, Olivia	10	Fareham Nomads	1:52.55	1:46.89
3	Jakeman, Paige	10	Arun Tridents SC	1:52.32	1:55.10
4	Harvey, Lilou-Ivy	10	Wildern Waves	2:07.32	1:56.38
5	Kelly, Isabelle	10	Eastbourne Swimming Club	1:53.92	2:00.88
6	French, Beatrice	9	Lancing College Swimming Club	2:07.65	2:01.50
7	Canning, Alice	10	Eastbourne Swimming Club	2:02.18	2:02.01
8	Porteous, Ella	9	Lancing College Swimming Club	NT	2:05.97
9	Johnston, Harriet	10	Arun Tridents SC	2:15.31	2:14.70
10	Heath, Fleur	9	Lancing College Swimming Club	NT	2:25.30
11	Chilton, Mizuki	9	Arun Tridents SC	2:39.38	2:36.25
12	Curtis, Erin	10	Hamble Aquatics Swim Team	NT	2:44.21
---	Diez Sanchez, Telma	10	Chichester Cormorants Swimming	NT	DQ DQ
---	Pandolfo, Eleni	10	Hamble Aquatics Swim Team	2:27.60	DQ DQ

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 307 Girls 11 Year Olds 100 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Cobb, Teddy	11	Lancing College Swimming Club	1:37.29	1:40.67
2	Wood, Grace	11	Seaclose Swimming Club	2:00.01	2:01.39
3	Hart, Martha	11	Hamble Aquatics Swim Team	2:00.13	2:02.98
4	Kaye-Weale, Olive	11	Worthing SC	2:00.03	2:04.74
---	Gale, Eve	11	Lancing College Swimming Club	1:47.53	DQ DQ

Event 307 Girls 12 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Buckingham, Alice	12	Team Luton	1:20.54	1:21.11
2	Sleep, Rosie	12	Wildern Waves	1:32.71	1:33.20
3	Wood, Sophie	12	Wildern Waves	1:39.08	1:38.95
4	Darbyshire, Juliette	12	Seaclose Swimming Club	1:40.78	1:43.83
5	Hadfield, Charlotte	12	Lancing College Swimming Club	NT	1:44.40
6	Hull-James, Ava	12	Arun Tridents SC	1:46.42	1:45.75
7	Tilley, Beatrice	12	Chichester Cormorants Swimming	NT	1:58.26
8	Hinton, Emma	12	Worthing SC	NT	2:05.08
9	Barnes, Isabella	12	Fareham Nomads	NT	2:23.82

Event 307 Girls 13 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Huxtable, Elsie	13	Arun Tridents SC	1:20.70	1:24.66
2	Kerridge, Imogen	13	Chichester Cormorants Swimming	1:35.09	1:37.70
3	Carkeet, Isabelle	13	Hamble Aquatics Swim Team	1:42.60	1:40.93
4	Munday, Amara	13	Arun Tridents SC	1:44.42	1:46.39
5	Johnston, Evelyn	13	Arun Tridents SC	1:55.10	1:54.35
6	Whiteman, Poppy	13	Seaclose Swimming Club	NT	2:06.36

Event 307 Girls 14 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Dodman, Eloise	14	Wildern Waves	1:26.42	1:25.65
2	Frith, Grace	14	Chichester Cormorants Swimming	1:31.65	1:33.24
3	Hart, Lily	14	Hamble Aquatics Swim Team	1:34.14	1:39.91

Event 307 Girls 15 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Szawiel, Eden	15	Seaclose Swimming Club	1:24.36	1:26.25
2	White, Kayla	15	Fareham Nomads	1:31.69	1:32.59
3	Furse, Caitlin	15	Hamble Aquatics Swim Team	1:41.97	1:42.59
4	Conkleton, Anjelica	15	Seaclose Swimming Club	NT	2:16.62

Event 307 Girls 16 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Anderson, Evie	16	Arun Tridents SC	1:24.91	1:26.93
2	Mann, Sophie	16	Wildern Waves	1:29.98	1:33.39
3	Burstow, Elliot	16	Worthing SC	1:39.25	1:42.27

Event 308 Boys 9-10 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Kopitsas, Orpheas	10	Fareham Nomads	1:58.63	1:47.32
2	Stanbridge, Rex	9	Fareham Nomads	2:03.40	1:50.59
3	Abramov, Edward	10	Arun Tridents SC	2:02.68	1:57.67
4	Chilton, Hyuga	10	Arun Tridents SC	2:32.82	2:15.25

September Sizzler 2025 - 28/09/2025**Sanction #: 3SE251243****Results****Event 308 Boys 11 Year Olds 100 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Malik, Theodore	11	Lancing College Swimming Club	1:37.50	1:37.66
2	Boxall, Guy	11	Seaclose Swimming Club	1:50.00	1:47.54
3	Rubio Rioja, Marcos	11	Chichester Cormorants Swimming	1:46.73	1:47.61
4	Jenkins, Jensen	11	Fareham Nomads	2:05.22	1:57.16
---	Whittington, George	11	Seaclose Swimming Club	1:39.84	DQ DQ
---	Henry, Oliver	11	Arun Tridents SC	2:04.92	DQ DQ

Event 308 Boys 12 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Vaughan, Charlie	12	Lancing College Swimming Club	1:42.61	1:41.48
2	Abdulrahman, Omer	12	Worthing SC	1:44.68	1:41.69
3	De Trafford, Leo	12	Lancing College Swimming Club	1:42.80	1:44.45
4	But, Sebastian	12	Chichester Cormorants Swimming	NT	1:52.58

Event 308 Boys 13 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Stanton, Max	13	Chichester Cormorants Swimming	1:27.70	1:24.72
2	Willcox, Matthew	13	Hamble Aquatics Swim Team	1:28.18	1:32.34
3	Murphy, Maximillian	13	Arun Tridents SC	1:32.90	1:40.31

Event 308 Boys 14 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Mather, Kaiden	14	Eastbourne Swimming Club	1:29.84	1:31.93
2	Christian, Ethan-Ross	14	Worthing SC	NT	1:46.52
3	Welsh, Jack	14	Seaclose Swimming Club	1:52.15	1:47.64

Event 308 Boys 15 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Robst, Zachary	15	Chichester Cormorants Swimming	1:16.01	1:17.63
2	Baverstock, Noah	15	Chichester Cormorants Swimming	1:21.10	1:19.45
3	Walby, Adam	15	Arun Tridents SC	1:23.13	1:23.01

Event 308 Boys 16 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Poynter, Harry	20	Seaclose Swimming Club	1:08.50	1:12.56
2	Lake, James	17	Chichester Cormorants Swimming	1:15.18	1:14.42
3	Mckie, Mark	16	Eastbourne Swimming Club	1:14.31	1:14.79
4	Poynter, Maxwell	17	Seaclose Swimming Club	1:13.54	1:21.60